AGENDA

- The VUB Event App
- VUB Sports programme
- VUB Culture programme
- VUB Student Life
  - International Student Associations
  - Student Representation
  - Student Organizations
  - Cultural Student Associations
Student Portal
Student.vub.be/en

Student Events App
https://www.facebook.com/studenteventsvub
SPORTS & EXCERSISE AT THE VUB
2018-2019
Dixie Van de Wiele
SPORTS & EXERCISE tailored for students
ONE SPORTSCARD SUITS ALL
HEALTH
FITNESS
RECREATIONAL SPORTS & FUN
COMPETITIVE SPORTS
Academic studies at the VUB showed us that:

- Students gain 1kg per semester on average
- Students who practise sports or exercise on a regular basis get better study results than their peers who do not
- Sports strengthens and develops life skills that will help you in the future when you enter the rat race society.
Sports and Exercise at the VUB
Tailored to all students

And sports is a fun way to stay fit and make (new) friends at the same time!
SPORTS & EXERCISE AT THE VUB
DIFFERENT POSSIBILITIES

INFRASTRUCTURE

RECREATIONAL SPORTS

COMPETITIVE SPORTS
SWIMMING
TRACK & FIELD (JOGGING)
INDOOR AND OUTDOOR FACILITIES
FITNESS (BASIS FIT)

SPORT!MIX
SPORTCHEQUES
PROJECT FUNDING

SPORTTROFEE
FUTSALLEAGUE
THE VUB FOXES
TOPSPORTSTUDENTS FACILITIES
SPORTS AT THE VUB

THINKING MUST NEVER SUBMIT ITSELF.

AND NEITHER SHOULD YOU!

SURF TO vub.ac.be/sport AND GET ALL DETAILS ON HOW TO GET STARTED!
TRY OUT DAYS SPORT!MIX FROM 24/9 TIL 5/10/2018 IN THE VUB SPORTSCENTER ON CAMPUS (building L)
VUB CULTURE PROGRAMME
KULTUURKAFFEE
KultuurKaffee VUB is an open, artistic place in Brussels for young, promising talent and a young audience.
a multidisciplinary and unconventional program

(i.a. music, film, visual arts, performing arts, comedy)
ACTIVITIES 2018-2019
APERO WARANDE
25/09/2018

VUB, EhB, deMens.nu & KultuurKaffee
@ Warandepark Brussels
MINDBLOWERS
8/10/2018

VUB & KVS
KultuurKaffee – Silent Disco with DJ MASALA en DJ RITA
@KVS
SON / TON is a music festival that seeks out boundaries of its discipline. In the centre of Europe artists from different countries come together to present their work. SON / TON offers a vivid program of performative concerts, musical installations and...
KultuurKaffee presents
travelling arts festival

BRUSSELS

6-week festival program

12 activities

1 theme

various locations

guest curator(s)
`BANG!’ #7  
15/11 – 13/12/2018

@ Studio Citygate Anderlecht

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<th>Travelling arts festival</th>
<th>‘BANG!’ #7</th>
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<tr>
<td><strong>BRUSSELS</strong></td>
<td>‘Radical child’</td>
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<td>6-week festival program</td>
<td>curated by</td>
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<td></td>
<td>Karlien Torfs</td>
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<tr>
<td>12 activities</td>
<td>Arne Huysmans</td>
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<tr>
<td>1 theme</td>
<td>Alex Deforce</td>
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<tr>
<td>guest curator(s)</td>
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<td>location in Brussels</td>
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Studio Citygate Anderlecht
from 2019/2020
ART
SCIENCE
ENTREPRENEURSHIP
a multidisciplinary program

for and by

generation Y & Z
<table>
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<th>PRESENTATION ZONE</th>
<th>CREATION ZONE</th>
<th>INTERZONE</th>
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<tr>
<td>Passive cultural participation</td>
<td>Active cultural participation</td>
<td>Cultural entrepreneurship</td>
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<tr>
<td>Recreation</td>
<td>Creation</td>
<td>Critical/active citizenship</td>
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<tr>
<td>To establish knowledge and critical insight</td>
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<tr>
<td><strong>Meeting</strong></td>
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<td>Youth participation/ co-creation</td>
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<td><strong>Focus program</strong></td>
<td>Support framework</td>
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<td><strong>Formats</strong></td>
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<td>Workshops</td>
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Want to host a cultural event for students on- or off-campus??????

KulturKale is looking for your:

- Imagine a festival on campus.
- There's an idea I'll lead, sink teeth into it...
Pitch your concept and perhaps we’ll help putting your plans into action.

Share your thoughts on the subject:

Send an email to vculius@vub.be adding PITCH in the subject line.

Or just make an appointment and maybe we’ll have a nice chat over coffee in no time.

Don’t be a stranger!
Let’s meet up!

www.kulfurkaffee.be
www.kultuurkaffee.be
www.bangfestival.be
International Student Organisations
Erasmus Student Network

ESN VUB EhB Brussels
Events:

Welcome Party 21/09
City Trip to Bruges 23/09
The team
esnvubehb.org
Facebook.com/esn.brussels
INTERNATIONAL STUDENT ORGANISATIONS

A VARIETY OF OPTIONS

➢ AIESEC VUB
Youth-run organisation which that provides young people with leadership development and cross-cultural volunteer exchange experiences across the globe.

➢ BEST Brussels (Board of European Students of Technology)
Youth-run organisation for engineering students, which organises the European BEST Engineering Competition and summer schools.

➢ IAESTE Brussels (International Association for the Exchange of Students for Technical Experience)
A global organization which enables students in scientific and technical studies to perform an internship abroad.

➢ VUBMUN (VUB Model United Nations)
Participates in a.o. World Model United Nations

➢ ASCOM (African Student Community), CSAB (Chinese Student Association Brussels)
Student Representation
STUDENT COUNCIL
WHO ARE WE AND WHAT DO WE DO

- 20 motivated students
- Represent the student voice
- Policy and rules of the VUB
- Manage budgets of student facilities (housing, restaurant,...)
- Affordable dorm rooms
- Exam schedule on time
- Enough activities on and off campus
Questions, ideas or remarks?  
Join us or ISP

Facebook: Studentenraad VUB
Mail: studentenraad.stuvoraad@vub.be
STUDENT COUNCIL
ENJOY YOUR TIME AT THE VUB

- Tour of the VUB
- Student associations
- VUB Kick Off
Hope to see you soon!
Introduction to ISP

International Student Platform (VUB)
Structure ISP

**Role of ISP:**
Advisory committee to the Student Council on International Student Policy
→ Give advice for discussions of Student Council
→ Add agendapoints to Student Council/Studentenraad
→ Support international students via other channels (eg. Advice Student Portal)
→ Organize events (not a core task)

**Structure:**
→ Max. 12 – 15 members (Exceptions allowed 😊)
→ Diversity: VLIR-UOS, Erasmus+, PhD, Self-supporting, ...
→ Geographical spread, gender balance and faculty representation
ISP Needs You!

Apply:
• We are recruiting new members until the 14\textsuperscript{th} of October 2018.
• You don’t need to have lots of experience at VUB or know the VUB very well.
• ISP wants to represent all international students (EU, Non-EU, Erasmus and degree-seekers, …)
• ISP want to improve the experience for everyone.
• Just be interested in policy and leadership.
Our achievements and work:

- Earlier Graduation ceremonies (Good Bye Event)
- Availability of (official) Transcripts of Records after 1st semester (WiP)
- Cheaper sports facilities during exams and weekends
- Organization of international sports day
- Student Conference
- Saint Vé’ (WiP)

The integration of International Students in VUB

- Little language problem
- → Language courses
- Informing about events
  → Belgian and International
- → Still everything in Dutch?
- We ensure the Belgian & International experience
International Student Platform

- ISP Facebook Address: https://www.facebook.com/VUBISP/
- ISP Twitter Address: https://twitter.com/ISPVUB
- The ISP mail Address: isp@vub.ac.be
TIME FOR AN ENERGIZER!
HELLO NEIGHBOUR, WHO ARE YOU?

Ask to your neighbour what is his/her:

- First name
- Home country
- Field of study
- Special skill/ability!
Student Organisations
Brussels Student Associations (BSG)
STUDENT ASSOCIATIONS

TYPES OF ASSOCIATIONS

BSG

Student Council

- Social Associations
- Political Associations
- Faculty Associations
- Regional Associations
STUDENT ASSOCIATIONS

FOLKLORISTIC ASSOCIATIONS

How can I recognise them?

- Lab coat
- Student cap
- Sash
- Toga
WHAT DO WE DO?

▶ Communication
▶ Evaluating year reports
▶ Following up Codex Student Life
▶ Student Council
▶ Organising events
▶ Exploitation BSG-zaal
STUDENT ASSOCIATIONS
GAME WITHOUT BOUNDARIES -> 3 OCTOBER
Join us for a drink at the Loungebar Tuesday, October 2nd, starting at 4 pm

Discover who we are, what we do and what YOU can do for our student magazine!

Are you interested, but unavailable October 2nd? Feel free to come and join us at our weekly meetings every Wednesday from 7 pm, or contact us via Facebook or redactie@demoeial.be
Zoek vrij
Cultural Student Organisations
VUMUSICAL

Find out more about our MUSICAL THEATRE GROUP at the VUB KICK-OFF
WHAT IS VUBMUSICAL?

• Group of musical enthousiasts
• VUB students, ex-VUB students & student-adjacent

• Weekly rehearsals throughout year
• Sleepover weekend (February/March)
• 2/3 shows in May
GET INVOLVED, GET CREATIVE

• On stage
  - actors
  - musicians

• With stage
  - props
  - costumes

• Off stage
  - random volunteer
acting

singing

dancing
ON STAGE (commitment!)

Main role, side role, ensemble (group)
• open rehearsals
• auditions for bigger roles

Musicians
• support singing rehearsals + can have their own
WITH STAGE

Props & Costumes
- designing & crafting
- buying secondhand & loaning from organizations
- can be combined with acting/musician

OFF STAGE

Random volunteer
cook at weekend, help with rehearsing lines, sell stuff at bakesale/show, ...
WITH TIME AND EFFORT
AND A LOT OF SILLINESS
WE MAKE ONE HELL OF A SHOW
AND A LOT OF MEMORIES
WANT MORE INFO?

FIND US AT THE VUB KICK-OFF

or

LOOK OUT FOR OUR POSTERS
VUB choir Café Latte recruiting new singers!
VUB choir “Café Latte”

- Rehearsals Wednesday 19:00 – 21:00
- [www.vub.ac.be/koor](http://www.vub.ac.be/koor)
- Facebook @vubkoor
- Email: koor@vub.be

Video:
- [https://www.facebook.com/vubkoor/videos/2186846701330786/](https://www.facebook.com/vubkoor/videos/2186846701330786/)
THANKS!