

GO ABROAD!

FOR STUDIES & INTERNSHIPS



**TILBURG UNIVERSITY
THE NETHERLANDS**

RUBEN'S TESTIMONIAL

MA Psychology - 1 Year Abroad

The reason I picked the Netherlands is because it is a country where the people are very open-minded towards everything, especially exchange students. While my other options were attractive as well, I'm glad I got to go to Tilburg. The ESN-community there is huge and the exchange community is now like a second family

Several of my friends went on an exchange as well, and I even visited them from time to time.
It's a great way to share experiences.

The most shocking difference between VUB/Belgium and Tilburg was the schedule for classes and exams. Courses start at unusual hours, and are only 90 minutes long. Tilburg University is also a very open campus - Dutch people are very fun to hang out with, since they are less inhibited and dare to speak their mind, a virtue I appreciate a lot.





by Rubén Cortado Martinez

Where did the interest come from? Friends/family, fellow students? One of my friends recommended Tilburg to me, and several of my friends went on exchange as well, but wander-lust runs in the family, so you could say I'm a born globetrotter!

What were the three key decision-makers that means 'Yes, I'm doing this'?

1. my choice of study
2. the opportunity to gain new experiences
3. the prospect of meeting new people

What were the top 5 things you've learned while being abroad?

1. I got to know myself better
2. I realised that being open-minded is the best way to experience life
3. there are a million ways to use your free time
4. having a hangover doesn't mean you cannot pass an exam
5. never drink and smoke!

Would you recommend students to go and venture out into the world?

"For sure! It's going to be the best semester of your life! And it will open your eyes."

Will you remain active internationally? Definitely! I will visit some friends during this semester and am currently in I-ESN Tilburg, guiding the new exchange students through their introduction week.

Will you interact more/differently with international students on campus after this experience? Most definitely. I will have more understanding of what it feels like to be a stranger in a strange country. If anyone is up for some drinks, let me know!