ORIENTATION WEEK 2018
WELCOME TO BRUSSELS. WELCOME TO VUB.
First, a **presentation** on admin, life in Brussels, life at the VUB.

Then, split up in groups (colour-coded) for a **tour of the campus**.

Finally, **Welcome drinks** organised by Erasmus Student Network!
AGENDA

• Overview: VUB
• International Relations office
• Administration in Brussels
• Living in Brussels
• Travelling in Belgium & Europe
• Life @ VUB
• VUB Departments
• VUB Student organisations

Presentation on Student Portal ➔ student.vub.be/en/international-student-life
OVERVIEW VUB
Welcome to Brussels. Welcome to VUB. Orientation Week 2018

Rector:
Prof dr Caroline Pauwels
OVERVIEW VUB

8 FACULTIES

- Social Sciences and Solvay Business School (ES)
- Law and Criminology (RC)
- Psychology and Educational Sciences (PE)
- Arts and Philosophy (LW)
- Science and Bioengineering Sciences (WE)
- Medicine and Pharmacy (GF)
- Engineering (IR)
- Physical Education and Physiotherapy (LK)
Who are the people in the International Relations office?

www.vub.ac.be/en/international
INTERNATIONAL RELATIONS OFFICE

WHAT WE DO

- International project management
- International student support
- Study abroad opportunities
- International initiatives by students
- Development Cooperation
Contact

General Questions:

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<th>MORNING</th>
<th>AFTERNOON</th>
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<tr>
<td>MON</td>
<td>09h00 – 12h30</td>
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<td>FRI</td>
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Specific Questions:

- Book meeting with Officer
- Pleinlaan 5
  1050 Brussels
- International.relations@vub.be
- +32 (0)2 614 81 01
ADMINISTRATION IN BRUSSELS
BRUSSELS: A DIVERSE CITY WITH ENDLESS POSSIBILITIES
Welcome to Brussels. Welcome to VUB. Orientation Week 2018

• VUB Campus rooms & U-residence or in private sector
⇒ Questions? Contact the International Relations Office or Br(ik

• Short stay/semester/year

• Rents:
  • Student room on average €400
  • Studio on average €550

• Contract!
  • How to end the contract
  • Sublet?
  • All costs (water, gas, internet, electricity, etc.) included?
  • Deposit? On secured account or not?
  • Registration for residence permit possible?
  • Fire insurance
  • Third-party liability

Student Portal

Br(ik) Alles voor stadstudenten = Brussels & Ik (‘me’)

Welcome to Brussels. Welcome to VUB. Orientation Week 2018
Short-type residence (max. 3 months)

EU + Non-EU: No registration and Belgian ID required, BUT report to District Town Hall (‘Commune’) for ‘Declaration of Arrival’ (annex 3) within 8 days of arrival after finding temporary accommodation other than hotel, youth hostel (family & friends).

Long-type residence

EU + Non-EU: Report to District Town Hall (‘Commune’) for ‘inscription request’ (annex 15) after signing rental agreement
• Annex 15 can then be used for opening bank account e.g.
• ID-card compulsory

-> ID card valid for duration of academic programme
BRUSSELS CITY: ADMINISTRATION

REGISTRATION IN BRUSSELS

Required documents

- Rental contract
- National ID/Passport with type D visa
- Registration certificate from VUB
- For EU citizens: Proof of Health Insurance
- For non-EU: Proof of solvability (scholarship, savings, loan, job, Annex 32) + Proof of Health Insurance (if relevant)

Sometimes also: birth certificate, civil status certificate, or certificate of good conduct

Appointment @ Foreigners Department
Local Police Check
Belgian ID-card

Can take 2-6 months!

There can be different procedures depending on the Brussels District
In Case of Emergency

EU EMERGENCY NUMBER 112

POLICE 101

Campus Security:

Etterbeek 02 629 11 11

Jette 02 477 6112

ICE – Contact
(In Case of Emergency)
Every person living in Belgium is advised to register with a national health insurance provider.

With a national health insurance you will benefit from reimbursements:
- ±70% general care
- 100% for critical diseases

**Partenamut Office at VUB**
- National health insurance
- Multinational, Assistance and advice
- Communication in English
- Specialised in student matters

**Partenamut Office VUB**
Pleinlaan 5 (International Office)
Contact person: Mrs Areta Duka

Mondays & Fridays
from 9.00 to 12.30 + 13.30 to 16.00

E-mail: vub@bepartena.be
Health Care in Belgium

- Belgium offers a high-quality **public** health care system.

- **Free choice** of doctor, hospital, pharmacy, etc.

- **Partial reimbursement** of health care expenses
  - **Doctor**
  - **Medicines**
  - **Hospital**

Reimbursements are **based on the national tariffs** given by the National Institute for Sickness and Invalidity Insurance (INAMI/RIZIV).
Registration

European Union
请求注册“欧洲健康保险卡”
- 复印欧洲健康保险卡 + 3个月有效期最低
- 复印身份证/护照
- 学校/大学证书
免费至1年

Rest of the world and registered in Belgium
- 请求注册
- 复印比利时身份证或居民卡
- 家庭组成来自市政厅
- BIM文件由Partenamut提供
10.49 €/月

Rest of the world and NOT registered in Belgium
- 请求注册
- 复印身份证/护照
- 学校/大学证书
92.9 €/季度

Reimbursement system

- Pay full amount
- Receive a medical attestation
- Affix your Identification sticker on top of it
- Drop them off at the VUB info desk or VUB Partena office OR send them by post at the address below:
  “Boulevard Louis Mettewie laan 74/76 - 1080 Bruxelles/Brussel”
- Reimbursement onto your bank account
- You have 2 years to send us the medical attestation
Reimbursement system: with E-attest

<table>
<thead>
<tr>
<th>E-ATTEST*</th>
<th>CASE A</th>
<th>CASE B</th>
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<tbody>
<tr>
<td></td>
<td>Pay full amount</td>
<td>Pay reminder fee</td>
</tr>
<tr>
<td></td>
<td>Receive a receipt</td>
<td>Receive a receipt</td>
</tr>
<tr>
<td></td>
<td>Reimbursement onto your bank account</td>
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*Automatic payment between doctor and health insurance*
Medicine

Thanks to your ID card, you will only pay the remainder fee at the pharmacy.
Reimbursement system: Pharmacy

**Without ID**

- Pay full amount
- Receive the annex 30
- Affix your Identification sticker on top of it
- Drop them off at the VUB info desk or VUB Partena office **OR** send them by post at the address below:

  "Boulevard Louis Mettewie laan 74/76 - 1080 Bruxelles/Brussel"

- Reimbursement onto your bank account
- You have 2 years to send us the medical attestation
Reimbursement system : Hospital

- Identify yourself (Reception - Terminal desk - Private insurance card)
- Contribution of the National health insurance is deducted directly from the hospital bill
- Bill sent after a few weeks with remainder fee

Remainder fee and/or supplements (amount to be paid by yourself) depend on your private hospitalisation insurance.

Costs considerably higher if single room, choice of hospital, medical providers,....
Partenamut: Online tools

Become a web member

www.partenamut.be
APP

- To order document: id stickers, address change, advantages
- To calculate your reimbursement
- To search for general information: rates, doctors, hospital...
- To check your file
Contact us

To become a member
- VUB@bepartena.be
- PLEASE COME AND VISIT THE PARTENA OFFICE at VUB campus : Pleinlaan, 5 !
- (9am-12.30am/13.30pm-16pm) every Monday & Friday

If questions once a member
- Via our contact form on « www.bepartena.be »
- Phone : 02 444 47 00
- VUB@bepartena.be
TIME FOR A SHORT VIDEO!
LIVING IN BRUSSELS
LIFE IN BRUSSELS

PUBLIC TRANSPORT

MIVB/STIB = public transport system in Brussels covering metro, tram and bus.

Student year pass = €50
-> VUB certificate for MIVB / 24 years old
-> 6 MIVB ‘Bootiks’: monthly passes, 10-trip cards

Tickets at MIVB machines for single tickets or day passes.

Night busses are only on Thursdays and in weekends!

⚠️ Trams always get priority
LIFE IN BRUSSELS

EYCA card

- Arsène 50: http://www.arsene50.be/nl (French/Dutch)
  ➔ Get tickets for concerts & cultural activities: -50%

- VISITBRUSSELS: https://visit.brussels/en

- Nocturnes of Brussels Museums (“Night at the Museums”)
TRAVELLING IN BELGIUM & EUROPE
Welcome to Brussels. Welcome to VUB. Orientation Week 2018

Visit: Ghent, Antwerp, Liège, Namur, Bruges, Mons...

ESN organises guided tours to different cities – check out their site and Facebook page for more information.

A Gopass (for trains) is a 10-journey ticket for trains = €52
- You can use it as a single person or group
- Valid for 1 year.

Always check special weekend rates or rates for those under-26 years old.

National Rail = NMBS

www.belgianrail.be
ID card or Visa:
Valid multiple entry visa type D
!! Check UK and multiple entry
!! Check Schengen Visa = travel in EU
TRAVELLING IN BELGIUM & EUROPE

Travel options with cheaper prices and deals:

- Flixbus/Eurolines
- Izy trains to Paris
- Blablacar

- www.rome2rio.com
- www.kayak.com/explore (define price, date & departure and you get info on cheap flights)
LIFE @ VUB
HUMANITIES, SCIENCES & ENGINEERING CAMPUS + HEALTH CAMPUS JETTE

FACILITIES ON HUMANITIES, SCIENCES & ENGINEERING CAMPUS

- Restaurant
- Library
- Bookshop
- ‘crazy copy’
- Sports facilities
- Computer rooms
- Medical facilities:
  - **Humanities, Sciences & Engineering Campus:** doctors
    - Mon-Fri: 08:00-18:00. Appointments online
    - Schoofslaan 8. Tel: 02 629 23 00
    - Includes: dentist, physiotherapy, mental health care & gynaecology
  - **Health Campus Jette:** doctors
    - Tuesdays: 08:30-11:30. Appointments online
    - Agora Building. Tel: 02 477 42 10
Welcome to Brussels. Welcome to VUB. Orientation Week 2018

**Exchange student**  
**Deadline 15 October**

What to do?

Changes to learning agreement
- Log in to SOP Mobility online
- Under “During mobility”: Click here to let us know whether changes to the learning agreement are needed or not
- Approvals
- Questions: exchange.incoming@vub.ac.be

Course registration done by faculty

**Session for exchange students on 21 September @ 1.30pm**  
Aula Q

**Full Degree student**  
**Deadline 8 October**

**Course registration deadline: 15 October.**

What to do?
- Check your VUBmail for registration invitation
- Register your courses through Student Self-Service
- Problems?
  -> Helpdesk Registration of courses on Student Portal
Welcome to Brussels. Welcome to VUB. Orientation Week 2018

SPORTS AT VUB

"Sportmix" - 27 different sports (€22,50)
- Swimming Pool
- Competitions – eg. Futsal league
- BasicFit Gym
Academic Language Centre (ACTO)
Dutch, English, French, German, Italian, Spanish & Modern Greek
-> Campus Etterbeek, Pleinlaan 5

https://www.vub.ac.be/acto/

Brussels Education Centre (CVO)
Dutch, English, French, German, Italian, Spanish
-> Campus Etterbeek, Building D, room D.1.33

- A Comedian’s Take on Belgian Life
  - Stand-up comedy
  - Friday, 21 September, 16:00-17:30, Aula Q
  - with an introduction by ACTO!
Every weekday, language tables are organised in the restaurant at lunchtime:

- Dutch, French, English, German, Spanish, Italian
- every weekday a different language,
- you mix & mingle with other learners & native speakers

-> ideal opportunity to perfect your language skills and meet new people!

More info:

“Language Tables”
TIME TABLES, EXAM SCHEDULES AND CLASS ROOMS AT VUB

- My Timetable App
- Exam schedule
- Online classroom booking system for informal study activities
- E.g.: meeting for a group assignment or rehearsing your presentation

Student Portal

Student Portal
VOX VUB PLATFORM

SHARE YOUR OPINION/IDEAS/...

- To facilitate and encourage participation
- For everyone who is active at the VUB (students and staff)
- To realise concrete and positive change in VUB policy
  - E.g. share your ideas on the ‘Campus of Tomorrow’ or cultural activities at VUB.
Sustainable development is a central goal of the university, with 4 green campuses.

Throughout the university and across Belgium, recycling is vital. The following rubbish bags are used across Belgium, colour-coded:

- Blue bags = plastics and cans
- White bags = general refuse
- Green bags = garden waste
- Yellow bags = paper and cardboard
- Orange bags = food waste (composting)
EXAM TIME!!!!
Building D, entrance hall
Pleinlaan 2, 1050 Brussels
Mon-Fri: 09:00-18:00 (17:00 during holidays)
Tel: 02 2 629 2010
Email: info@vub.be

student.vub.be/en
Welcome to Brussels. Welcome to VUB. Orientation Week 2018

STUDENT PORTAL
HOW, WHAT, WHERE

Student.vub.be/en

Your email address
Your student card
Student Self-Service
CANVAS
Office 365

Wifi: VUBnext & Eduroam
Academic Calendar & course timetable
VUB Restaurant & weekly menus.
The Study Guidance Centre offers
• information,
• counselling and
• training to help you study more efficiently.

Contact us any time for personal advice, and check what's going on in our free workshops.

Contact our Meeting Points: guidance@vub.be

- **Humanities, Sciences & Engineering Campus**
  Building F - +32 2 629 23 06

- **Health Campus**
  ILRC, Building A room A.053A - +32 2 477 44 81

- **Technology Campus**
  By appointment - +32 2 629 23 06

Welcome to Brussels. Welcome to VUB. Orientation Week 2018
HELP FOR STUDENTS
REPORT IT!

Report it! @ VUB

- Report inappropriate behaviour
- Prevent an escalation
- Stop other people’s unwanted behaviour
- Get the support you want.

- Confidentiality is guaranteed.
- **YOU** determine which behaviour is unacceptable.
- Report it! No procedures started without express permission by person who filed the report.
- Report it! => professional secrecy.

report via email: reportit@vub.ac.be
STUDENT ORGANISATIONS AND STUDENT REPRESENTATION
Student Council

*Who are we?*
*What are we doing?*
*What drives us?*
STUDENT COUNCIL

WHO ARE WE AND WHAT DO WE DO

• 20 motivated students
• Different views, opinions and interests
• Represent the student voice
• Policy and rules of the VUB
• Affordable dorm rooms
• Exam schedule on time
• Enough activities on and off campus
STUDENT COUNCIL

HOW TO CONTACT US

• Questions, ideas or remarks
• Join us or ISP
• Facebook: Studentenraad VUB
• Mail: studentenraad.stuvoraad@vub.be
STUDENT COUNCIL
ENJOY YOUR TIME AT THE VUB

• Tour of the VUB
• Student associations
• VUB Kick Off
Hope to see you soon!
STRUCTURE ISP

Role of ISP:
Advisory committee to the Student Council on International Student Policy
→ Give advice for discussions of Student Council
→ Add agendapoints to Student Council/Studentenraad
→ Support international students via other channels (eg. Advice Student Portal)
→ Organise events (not a core task)

Structure:
→ Max. 12–15 members (Exceptions allowed 😊)
→ Diversity: VLIR-UOS, Erasmus+, PhD, Self-supporting, ...
→ Geographical spread, gender balance and faculty representation
ISP NEEDS YOU!

Apply:

• We are recruiting new members until the 14th of October 2018.
• You don’t need to have lots of experience at VUB or know the VUB very well.
• ISP wants to represent all international students (EU, Non-EU, Erasmus and degree-seekers, ...)
• ISP want to improve the experience for everyone.
• Just be interested in policy and leadership.
Our achievements and work:

• Earlier Graduation ceremonies (Good Bye Event)
• Availability of (official) Transcripts of Records after 1st semester (WiP)
• Cheaper sports facilities during exams and weekends
• Organization of international sports day
• Student Conference
• Saint Vé’ (WiP)

The integration of International Students in VUB

• Little language problem
  → Language courses
• Informing about events
  → Belgian and International
• → Still everything in Dutch?
• We ensure the Belgian & International experience
INTERNATIONAL STUDENT PLATFORM

- ISP Facebook Address: https://www.facebook.com/VUBISP/
- ISP Twitter Address: https://twitter.com/ISPVUB
- The ISP mail Address: isp@vub.ac.be

Want to join ISP? Apply on the Student Portal
Brussels Student Associations
STUDENT ASSOCIATIONS

TYPES OF ASSOCIATIONS

BSG

- Student Council
- Social Associations
- Political Associations
- Faculty Associations
- Regional Associations
STUDENT ASSOCIATIONS

FOLKLOISTIC ASSOCIATIONS

How can I recognise them?

- Lab coat
- Student cap
- Sash
- Toga
STUDENT ASSOCIATIONS

GAME WITHOUT BOUNDARIES -&gt; 3 OCTOBER
Erasmus Student Network

ESN VUB EhB Brussels
ESNcard
Member of the Erasmus generation.

NAME & SURNAME
Sofía Moreno Suárez

NATIONALITY
Spanish

DATE OF BIRTH
25 04 92

STUDIES AT
Vrije Universiteit Brussel

ESN SECTION
ESN VUB EHB Brussels

VALID FOR 12 MONTHS SINCE
05 09 15

ESNCARD N° 77777777WWW

www.esn.org
Events:
Welcome Party 21/09
City Trip to Bruges 23/09
The team

www.esn.org
esnvubehb.org

Facebook.com/esn.brussels
What else is on in the next weeks?

• Sport, Culture & Student Life
• A Comedian’s Take on Belgian Life
• Orientation Week Closing Drinks
• ESN party
• Kick-off events: student.vub.be/en/kick-off
• Latin America Day: 11 October
• Go Abroad Fair: 17 October
“Thinking must never submit itself, neither to a dogma, nor to a party, nor to a passion, nor to an interest, nor to a preconceived idea, nor to anything whatsoever, except to the facts themselves, because for it to submit to anything else would be the end of its existence.”

Henri Poincaré, 1909
NEXT UP: CAMPUS TOURS!
THANK YOU!