INFOSESSION EXCHANGE
FACULTY OF PSYCHOLOGY AND EDUCATIONAL SCIENCES

Prof. Chang Zhu
Prof. Tim Vantilborgh
Drs. Ronald Crouzé
TOPICS

1. Sources of information
2. Eligibility criteria
3. Destinations
4. Learning agreement
5. FAQ
6. Testimonials
EXCHANGE COORDINATORS

- Adult Educational Sciences: Drs. Ronald Crouzé (Ronald.crouze@vub.be)
- Educational Sciences: Prof. Chang Zhu (chang.zhu@vub.be)
- Psychology: Prof. Tim Vantilborgh (tim.vantilborgh@vub.be) and Drs. Delphine West (delphine.west@vub.be)
WHO DO I CONTACT FOR WHAT?

• Exchange coordinators:
  • Questions about destinations for exchanges
  • Selection and nomination procedure for studies and internships abroad
  • Creating and changing learning agreements
• International Relations Office (exchange.outgoing@vub.be):
  • Questions about grants and scholarships
  • Practical questions on studying abroad (e.g., housing)
  • Administrative issues
• Internship coordinators:
  • Internships abroad
Canvas: Community Faculteit Psychologie en Educatiewetenschappen

SOURCES OF INFORMATION

- Introductie
- Infosessie
- Procedure
- Contact
- FAQ
- Documenten
For study exchanges, you need to have:

- Attained 60 ECTS (at the time of application, within current curriculum)
- Passed 1st Bachelor

Schakelstudenten can also participate (criteria mentioned above do not apply for them)
ELIGIBILITY CRITERIA FOR INTERNSHIPS

- The same criteria apply as for regular internships
## Destinations

**Erasmus+ (Europe) - Psychology**

<table>
<thead>
<tr>
<th>University</th>
<th>Location</th>
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<tbody>
<tr>
<td>Eotvas Lorand University</td>
<td>Budapest (Hungary)</td>
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<tr>
<td>Humboldt-Universitat zu Berlin</td>
<td>Berlin (Germany)</td>
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<tr>
<td>Universidad de Deusto</td>
<td>Bilbao (Spain)</td>
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<tr>
<td>Maastricht Universiteit</td>
<td>Maastricht (the Netherlands)</td>
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<tr>
<td>Tilburg Universiteit</td>
<td>Tilburg (the Netherlands)</td>
</tr>
<tr>
<td>Universidade de Coimbra</td>
<td>Coimbra (Portugal)</td>
</tr>
<tr>
<td>Istanbul Bigli University</td>
<td>Istanbul (Turkey)</td>
</tr>
<tr>
<td>Universitat Autonoma de Barcelona</td>
<td>Barcelona (Spain)</td>
</tr>
<tr>
<td>Université Paris Nanterre</td>
<td>Paris (France)</td>
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DESTINATIONS

ERASMUS+ (EUROPE) - PSYCHOLOGY

• Eotvas Lorand University
  • Available places for Bachelor students: 4
  • Available places for Master students: None
  • Language courses: English
  • Language requirements: B1

• Humboldt-Universitat zu Berlin
  • Available places for Bachelor students: 1
  • Available places for Master students: None
  • Language courses: German
  • Language requirements: C1
ERASMUS+ (EUROPE) - PSYCHOLOGY

• Universidad de Deusto
  • Available places for Bachelor students: 4
  • Available places for Master students: 4
  • Language courses: Spanish, Basque, English
  • Language requirements: B1

• Universitat de Vic
  • Available places for Bachelor students: 10
  • Available places for Master students: 10
  • Language courses: Catalan, Spanish, English
  • Language requirements: B1
**DESTINATIONS**

**ERASMUS+ (EUROPE) - PSYCHOLOGY**

- University degli studi di Firenze
  - Available places for Bachelor students: 2
  - Available places for Master students: 2
  - Language courses: Italian
  - Language requirements: B1

- Maastricht University
  - Available places for Bachelor students: 4
  - Available places for Master students: 4
  - Language courses: English
  - Language requirements: B2
• Tilburg University
  • Available places for Bachelor students: 4
  • Available places for Master students: None
  • Language courses: English, Dutch
  • Language requirements: B2

• Universidade de Coimbra
  • Available places for Bachelor students: None
  • Available places for Master students: 4
  • Language courses: Portuguese, English
  • Language requirements: A2-B2
DESTINATIONS

ERASMUS+ (EUROPE) - PSYCHOLOGY

- Istanbul Bigli University
  - Available places for Bachelor students: 5
  - Available places for Master students: none
  - Language courses: English
  - Language requirements: B2

- Universitat Autonoma de Barcelona
  - Available places for Bachelor students: 4
  - Available places for Master students: 4
  - Language courses: Catalan, Spanish, English
  - Language requirements: B1
DESTINATIONS

ERASMUS+ (EUROPE) - PSYCHOLOGY

- Université Paris Nanterre
  - Available places for Bachelor students: 2
  - Available places for Master students: 2
  - Language courses: French
  - Language requirements: B1 (certification required)
### DESTINATIONS

**ERASMUS+ (EUROPE) – ADULT EDUCATIONAL SCIENCES**

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<td>University degli studi del Molise</td>
<td>Campobasso (Italy)</td>
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<tr>
<td>Istanbul Bigli University</td>
<td>Istanbul (Turkey)</td>
</tr>
<tr>
<td>Tallinn University</td>
<td>Tallinn (Estonia)</td>
</tr>
<tr>
<td>Tampere University</td>
<td>Tampere (Finland)</td>
</tr>
</tbody>
</table>
• Universitat de Vic
  • Available places for Bachelor students: 4
  • Available places for Master students: 4
  • Language courses: Catalan, Spanish, English
  • Language requirements: B1

• University degli studi di Firenze
  • Available places for Bachelor students: 2
  • Available places for Master students: None
  • Language courses: Italian
  • Language requirements: B1
• University Autonoma de Barcelona
  • Available places for Bachelor students: 2
  • Available places for Master students: 1
  • Language courses: Catalan, Spanish, English
  • Language requirements: B1

• University degli studi del Molise
  • Available places for Bachelor students: None
  • Available places for Master students: 2
  • Language courses: Italian
  • Language requirements: B1
DESTINATIONS

ERASMUS+ (EUROPE) – ADULT EDUCATIONAL SCIENCES

- Istanbul Bigli University
  - Available places for Bachelor students: 3
  - Available places for Master students: none
  - Language courses: English
  - Language requirements: B2

- Tallinn University
  - Available places for Bachelor students: 5
  - Available places for Master students: 5
  - Language courses: English, Estonian
  - Language requirements: B2
DESTINATIONS

ERASMUS+ (EUROPE) – ADULT EDUCATIONAL SCIENCES

• Tampere University
  • Available places for Bachelor students: None
  • Available places for Master students: 1
  • Language courses: English
  • Language requirements: B2
## DESTINATIONS

**ERASMUS+ (EUROPE) - EDUCATIONAL SCIENCES**

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<tr>
<td>Middle East Technical University</td>
<td>Ankara (Turkey)</td>
</tr>
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</table>
DESTINATIONS

ERASMUS+ (EUROPE) – EDUCATIONAL SCIENCES

- Stockholm University
  - Available places for Bachelor students: none
  - Available places for Master students: 4
  - Language courses: English
  - Language requirements: B1

- Tallinn University
  - Available places for Bachelor students: 5
  - Available places for Master students: 5
  - Language courses: English, Estonian
  - Language requirements: B2

- Middle East Technical University
  - Available places for Bachelor students:
  - Available places for Master students:
  - Language courses: English
  - Language requirements: B2
Available destinations:

- Brazil (Rio de Janeiro, Sao Paulo, Santa Catarina)
- China (Beijing)
- Canada (CREPUQ program)
- Mexico (Puebla)
- South Korea (Seoul)
- USA (BAEF scholarships for master students)

Differences with EU-destinations:

- No grant guaranteed!
- No official limit on places available per destination
- Application procedure is more complicated
WHAT IS A LEARNING AGREEMENT (LA)?

- Official document listing the courses you will take at your host university, in exchange for VUB courses
- You select courses worth 21-30 ECTS (for one semester)
- Each selected course in your host university is linked to a VUB course
- There needs to be a balance between the total amount of ECTS on both sides of the learning agreement (max. 2 ECTS difference between both sides)
- In case of an imbalance in ECTS between both sides, the ECTS of the host institution count.
LEARNING AGREEMENT

HOW DO I CREATE A LA?

• Students are responsible for their own LA

• Take a look at the website of the host institution for information on available courses

• Contact the exchange coordinator at the host institution

• You will create an LA before going to the host institution, but keep in mind that you can make changes to your LA during the first weeks of your mobility
APPLICATION PROCEDURE

• STEP 1: Submit a top-3 of destinations + motivation letter
  • Deadline: 14 December 2020
  • Submission form: http://vubpsych.eu.qualtrics.com/jfe/form/SV_bgBdyfiq3WdGcjH

• Selection procedure:
  • Exchange coordinators select students for destinations
  • Criteria: motivation letter + grades (if available)
  • All applicants are ranked based on criteria, and allocated to destinations
  • You will receive an email from your exchange coordinator in January
APPLICATION PROCEDURE

- **STEP 2**: Send a first proposal of your LA to your exchange coordinator
  - Deadline: 3 February 2021
  - Use the template “Document voorstel Learning Agreement”, available on Canvas
  - Add course description of selected courses (in English)
  - You will receive feedback from your exchange coordinator
• STEP 3: Send a revised learning agreement to your exchange coordinator
  • Deadline: 3 March 2021
  • Exchange coordinator will decide if your revised LA can be approved
  • If your LA is approved, the exchange coordinator will officially nominate you for an exchange with IRMO
  • IRMO will contact you, to guide you through the rest of the application procedure
APPLICATION PROCEDURE FOR INTERNSHIPS

• **STEP 1**: Contact your internship coordinator
  • You can suggest a destination of your own choosing
  • Get approval from internship coordinator on destination and internship plan

• **STEP 2**: Contact your exchange coordinator
  • Deadline: 3 March 2021
  • Inform exchange coordinator of destination, so we can nominate you with IRMO
FAQ – COVID-19

• Will I be able to go on exchange next academic year?
  • Yes. However, we need to follow the official guidelines of the Belgian government. If travel is not allowed by the government to the country of your exchange at the time of the exchange, then you cannot leave.

• Are there differences in the procedure due to covid-19?
  • Yes, we now ask all students to fill out a short form stating where they will be staying. This form is then evaluated by the exchange team to assess the risk of travelling. If the risk is deemed too high, then you may not be allowed to leave.
• My LA is already officially approved, but I want to make changes. What do I need to do?
  • Contact your exchange coordinator. Send a proposal for a changed LA using the template “Document voorstel Learning Agreement”, available on Canvas

• I changed my mind and I want to stop my exchange
  • Inform your exchange coordinator, IRMO, and the host institution

• Do I need to register the VUB courses in my LA in self-service?
  • No, the faculty administration will do this for you

• Can I select a language course in my LA?
  • Yes, in exchange for a VUB keuzevak and provided that the language course is taught at the host institution
• I have to redo exams at the VUB in August-September, can I still go on exchange?
  • You will have to wait until the official proclamation of the exams in the beginning of September before you can leave on exchange. You will be allowed to go on exchange if you meet the eligibility criteria and if you did not get an “Inschrijving niet toegelaten” following the exams.

• I failed an exam at the host institution, what now?
  • You can redo the exam at the host institution. You cannot do the exam of the linked VUB course in August-September!

• I want to leave in the first week of February, but I still have an exam at the VUB.
  • You can ask the dean of the faculty to allow you to do the exam on a different day (see Onderwijs- en examenreglement)
• VUB students can become a “buddy” of an incoming international student
  • Help international students feel welcome
  • Introduce them to social networks
  • Help them find their way at the VUB and in Brussels
• Website:
  • http://esnvubehb.org/buddy-programme
Testimonials
10 reasons to study abroad

❖ Obtain VUB credits for all approved academic coursework abroad
❖ Study & learn differently
❖ Brush up on your language skills
❖ Boost your employment opportunities
❖ Gain a global mindset
10 reasons to study abroad

❖ Enhance your intercultural competences
❖ Learn about yourself & your culture
❖ Boost your self-confidence & independence
❖ Be adventurous & explore the world
❖ Friends for life from all over the world
VUB Exchange Contacts

International Relations office (IRMO)
- Practical info & support
- Grants
- Ms. Isa Lemaitre
- Mr. Eric Valck
- Mr. Sander Verhoef
- Pleinlaan 5, 1050 Brussels
- T: 02 614 81 01

Student Administration Center (OWSA)
- Exchange administration
- Ms. Gwen Van der Smissen
- Pleinlaan 9, 1050 Brussels
- T: 02 614 87 07

Exchange Coordinators Faculty
- Application & Selection
- Learning Agreement (Studies & Traineeships)
- Grade conversion
- **Psychology:** Tim VANTILBORGH
  Delphine WEST
- **Adult Educational Sciences:** Ronald CROUZE
- **Educational Sciences:** CHANG Zhu & Ronald CROUZE
- **Coordinator Internationalisation:** Freya DE VROEDE

exchange.outgoing@vub.be
student.vub.be/go-abroad
Exchange Programmes

- **Studies or Traineeship**
  - Always **during & part** of your VUB studies, never after graduation (excl. Erasmus+ Traineeships)

- **Grant**
  - Included?
  - Amount*

- **Tuition Fee Waiver**

- **Min – max duration**

- **Study level**

- **EU or non-EU host institution**

* Amounts are subject to change
Erasmus+ KA1

- Studies & Traineeships (during & after studies)
- Studies: €279 - €379/month (+€100 ‘Vlaamse Studietoelage’ ~ Flemish study allowance)
- Traineeships: €379 - €479/month (+€50/month ‘Vlaamse Studietoelage’ ~ Flemish study allowance)
- Studies: Min. 3 – max. 10 months
- Traineeships: Min. 2 months – max. 10 months
- Sufficient funds (if not, Faculty ranking)
  ✓ Exc. Traineeship after graduation (apply externally, first-come-first-served)
- Online Linguistic Support (test & courses) & Online survey upon return
Erasmus+ KA 1 Host institutions

- **General:** all 28* EU member states, FYROM, Iceland, Norway, Liechtenstein, Turkey
  - UK still included until the Brexit

- **Studies:** Specific cooperation agreements per programme
- **Traineeship:** Approval Exchange Coordinator

- More info per programme & exchange coordinator
Erasmus+ KA1 - Traineeship

- **During** your studies
  - As part of your VUB programme that contains an internship (n° ECTS)
  - Traineeship in the framework of thesis work
  - You carry out an internship abroad
  - Evaluation from your host organisation is recognised (in ECTS and a grade) by the VUB

- **After** your studies/ graduation
  - Not part of your VUB programme
  - In line with your obtained degree
  - Within 1 year after graduation
  - Apply before graduating, following the VUB rules & deadlines, to the VUB and Flanders Knowledge Area
Erasmus+ KA1 Traineeship

- Host organisation: university, research institute, company, NGO, etc.
  - Find a host organisation yourself or through the contacts of your VUB programme
  - In any EU member states, FYROM, Iceland, Norway, Liechtenstein, Turkey
  - Approval Exchange Coordinator
  - Online database: https://erasmusintern.org/

- Grant: €379/month - €479/month (+ €50/month ‘Vlaamse Studietoelage’ ~ Flemish study allowance)
  - Depending on the destination

- Min. 2 – max. 10 months
NON-EU DESTINATIONS
Non-EU host institutions

- Studies: general VUB exchange agreements
  - Tuition fee waiver
  - Min. 5- max. 10 months

- No grant guaranteed, therefore **EU back-up** destination allowed
- Higher competition for grants and available places

- Preparing for a non-EU exchange application: more effort

- Teaching language: English or local language (Spanish, Portuguese, etc.)
Non-EU host institutions

- Studies: general VUB exchange agreements:
  - Brazil (Rio de Janeiro, Santa Maria, Santa Catarina)
  - Canada (Québec)
  - Chile (Santiago)
  - China (Beijing, Shanghai, Chengdu, Xi’an)
  - Colombia (Santa Marta)
  - Japan (Kobe)
  - Mexico (Guadalajara, Mexico City, Puebla)
  - Morocco (Rabat)
  - USA (North-Carolina, Washington)
  - Russia (Moscow, St. Petersburg)
  - South-Africa (Bloemfontein, Bellville)
  - South-Korea (Seoul)
Non-EU Traineeship

- Host organisation: university, research institute, company, NGO, etc.
  - Find a host organisation yourself or through the contacts of your VUB programme
  - Anywhere except any EU member states, FYROM, Iceland, Norway, Liechtenstein, Turkey
  - Approval Exchange Coordinator

- Min. 1 - max. 10 months

- No grant guaranteed
Non-EU host institutions

- Contact IRMO by e-mail to express your interest and receive more detailed info on the specific host institutions the latest **15 December 2020**

- Look up the offered programs online and compose a draft study plan
  ⇒ Individual match for courses
  ⇒ You will need approval from your exchange coordinator

- Apply for a grant, if applicable
  ✓ Grant from the Flemish government (€650 - €850/month + return flight)
  ✓ Studies & Traineeships
    ✓ **Generieke Beurzen** (i.e. generic scholarships)
    ✓ **Priority Country Programme** (Brazil, Chile, Japan, Mexico, Morocco, Russia, South-Africa, Turkey, USA)
Non-EU host institutions

- VLIR-UOS Reisbeurzen (i.e. travel grants)
- Work placement/internship or thesis
- 32 countries in Africa, Asia & Latin America
- Application at VUB (invitation local supervisor & recommendation VUB supervisor), preparatory programme, 1,000 EUR
- At least 28 consecutive days

→ More information on all these scholarships can be found on our page on Financial Support
APPLICATION PROCEDURE
Application Procedure

Application at Faculty
- Application file (host institution, scholarship programme)
- You compose a first study or training plan, viz. a Learning Agreement (LA)

Nomination
- Your faculty nominates you officially to IRMO
- IRMO nominates you to your host institution

VUB Application
- IRMO sends you the VUB procedure, SOP Mobility-Online
- You compose a final LA
- Your faculty approves your LA
Application Procedure

• You apply to your host institution

Official Approval

• Your faculty officially confirms your exchange after the June and/or September exams
• Acceptance by the host institution

Departure Administration

• IRMO invites you to a take-off meeting
• IRMO sends you the scholarship administration
Deadlines

- Erasmus+
- (Erasmus Belgica)
- (SEMP)
- All other

**Faculty deadline**

Unless earlier deadlines apply for grant

E: exchange.outgoing@vub.ac.be

W: student.vub.be/go-abroad >> Erasmus & Exchange

! LATE APPLICATIONS WILL NOT BE CONSIDERED!
Practicalities

- Choice of Host Institution
- Required language knowledge
- Selection procedure
- Registration & tuition fee
- Courses, exams & resit exams
- Recognition & credit transfer
Practicalities

- Insurance
- Childcare benefits (‘kindergeld’)
- Housing

- Finances
  - VUB Social, Legal & Financial Support Team (Sociale Dienst Studenten)
  - [student.vub.be/studiefinanciering#ondersteuningsaanbod](student.vub.be/studiefinanciering#ondersteuningsaanbod)
Go Abroad Fair replacement events

• 2020 Physical event cancelled, but throughout 20-21 we have...
  - Monthly testimonials
  - Quizzes (prizes can be won!)
  - Contests (prizes can be won!)

How to participate? Keep an eye out on the VUB International Relations office FB page

• Find out other options to go abroad for studies/internships/volunteering, during or after your studies [here]!
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