

FOLLOW ONLINE CLASSES

Attending **lectures online**... It may seem similar as sitting physically in class, but it **requires extra attention**. First, you have to find order in the jumble of recorded lectures. Second, it is not possible to quickly ask a question to the student next to you. And finally, online lectures are often experienced as boring and monotonous.

We give you a number of **tips** to **survive** this 'digital age'.



BEFORE CLASS

- **Check** your **timetable** and **Canvas** to see changed teaching method and additional instructions.
- **Download** the necessary **programs/applications**.
- Provide the necessary **material**: paper, pen, slides.
- **Orientate**: view the table of contents and available course material.
- Think about **strategies** you can apply when your **concentration drops**: stop listening? View later? Take active notes?



DURING CLASS

- **Think actively**: write down your questions so you can ask for additional explanation later.
- **Maintain overview**: write down the topic, the date and the page number.
- Leave **space** between notes so you can add extra information later.
- **Distinguish main concepts** from **details**, it is impossible to write down every word.
- **Risk of recordings**: you can easily **pause** and **rewind**. Monitor and limit this so you don't lose too much time with this.
- **Write briefly**: use symbols, refer to pages in the course, write on the Slides.



AFTER CLASS

- **Re-read** your **notes**: is everything clear, is there any information missing?
- Add **additional information** from your syllabus/handbook. Write down thoughts and questions.
- **Structure** your **notes**: indicate key words and visualize connections.
- **Discuss** the lesson with **fellow students** via Skype or other media.

Ask each other critical questions, work together to clear up ambiguities, help each other where you can. It is not only good for processing subject matter, social contact is also important for your mental well-being!