STUDENT HOUSING
COVID-19 SAFETY MEASURES
GENERAL COVID-19 SAFETY MEASURES
ON CAMPUS

- Maintain a distance of 1,5 meters from others
- Wearing a mask is mandatory in Brussels Capital Region and on campuses
  - Outside, in the buildings and in the (class)rooms of VUB
  - Also in the entrance, corridors, footbridges, garden, recreational spaces, ... of the student residences
- Install the Coronaalert app on your smartphone
- Ventilate your room & kitchen and preferably meet up with people outside
- Ensure proper personal (hand)hygiene and general cleanliness
- Make good arrangements with your dormmates and respect each other
- Penalties are possible in case of non-compliances of the rules!
GENERAL COVID-19 SAFETY MEASURES
ON CAMPUS

• 10 days quarantine
  • After returning from abroad (red zone). More info diplomatie.belgium.be/en
  • After you have been in close contact with an infected person
  • Notify us of your quarantine via Huisvesting.housing@vub.be

• Get tested and isolate yourself if you are showing symptoms

• 7 days complete isolation after positive test
  • Always notify info@vub.be if you (suspect you) are infected!
  • Appropriate safety measures will be taken to secure the safety of/in your unit

• All guidelines are subject to change if the government or VUB change their policy
• Unit = social bubble
  • All roommates can live and eat together as one household
• No visitors allowed in your unit
  • With the exception of one and the same close contact (“cuddle contact”) in your room
  • All gatherings are strictly forbidden
  • Meeting people can only happen outside the student residences: maximum 4 people and always with 1,5 metres distance and a mouth-nose mask
• Stay in 1 location: at your dorm or at home, stick to this choice until 30 November
• Reception student residences only by appointment
• Curfew and alcohol ban in place on campus and the whole Brussels-Capital Region
• Zero tolerance for violations of the safety measures and noise nuisance after 11 p.m.
When do you need to get tested?

When do you need to quarantine or self-isolate?

**Do you have any symptoms?**

- **Yes**
  - Get tested, and stay at home and self-isolate while you wait for the results.
  - Ask those living in your house and your close contacts to go through this flow chart as well.

- **No**
  - NO

**Do you suspect you might be infected or have you been in a red zone or high-risk area abroad?**

- **No**
  - NO

- **Yes**
  - Are any of your close contacts COVID-positive?

- **No**
  - No test required.
    - No quarantine required.

- **Yes**
  - 10 days of quarantine.
    - If you develop any symptoms during this period, get tested.

**Symptoms:**
- cold-like symptoms
- coughing
- shortness of breath
- fever
- sudden loss of taste and smell (without a blocked nose)
- fatigue

**What is the difference between quarantine and self-isolation?**

**Self-isolation**
- You need to self-isolate if you have tested positive for COVID-19. Isolation lasts for at least 7 days, from the start of your symptoms. You can only get out of isolation if you do not have a fever for 3 days and your symptoms have clearly improved. You are considered "infectious."

**Quarantine**
- If someone you were in close contact with tested positive for COVID-19 (= you are a high-risk contact), you have to go into quarantine. This lasts for 10 days from the last contact you had with the infected person or until you get negative test results. As you may be infected, you must stay at home without receiving visitors. Exceptions apply to healthcare staff and security officers. After your quarantine, you need to be extra careful for another 4 days.